



CANSKATE WINTER 2019



CANSKATE is Skate Canada's flagship learn-to-skate program, designed for beginners of all ages. The program is based on Sport Canada's long term athlete development (LTAD) principles. The program includes specific skills that pertain to hockey, ringette, speed skating and figure skating. It includes a complete series of balance, control and agility skills taught in six stages of learning. Badges, ribbons and other incentives are used to benchmark skaters' progress and reward effort and participation.

Lessons are given in a group format and led by Skate Canada certified professional coaches. Professional coaches are assisted by trained program assistants. We strive to have a coach to student ratio of 10:1

Skaters progress at their own rate and coaches make sessions active using teaching aids, music and a wide variety of activities that create a fun environment and promote learning. Our Canskate program is ideal for 5 to 13 years olds but we also accept skaters of all ages. The classes are **45 minutes** long.

All Skate Canada CanSkate skaters must provide and wear a CSA approved hockey helmet on the ice. Bicycle helmets are not permitted.

For Inquiries e-mail:
arcticedgesc@gmail.com

CANSKATE TOTS

Arctic Edge also offers a program specifically for skaters who are 5 years old or younger.

The focus of this class is to teach skating within a relaxed & fun atmosphere for younger skaters. Groups are kept small, so that as much individual attention as possible is given to young skaters. The classes are **30 minutes** in length. Skate Canada certified coaches and program assistants will provide instruction.

ICE SHOW

The club will also be hosting an ice show this year at Takhini Area on **February 16, 2019**. All skaters registered for the winter session will be encouraged to participate. More information will follow about this exciting event in the new year.

CANSKATE WINTER SESSION

Tuesdays: \$108 (9 sessions)
January 8 to March 5, 2019
6:15 to 7:00 pm

Thursdays: \$108 (9 sessions)
January 3 to March 7, 2019
6:15 to 7:00 pm

There will be no regular Canskate lessons:

Thursday February 14, 2019
(Ice show preparation)

CANSKATE TOTS WINTER SESSION

Mondays: \$99 (9 sessions)
January 7 to March 4, 2019
5:00 to 5:30 pm

OTHER FEES

All skaters must be registered with Skate Canada and pay an annual membership fee. This fee covers a full year of skating from September 2018 - August 2019. The Skate Canada and administration fee is **\$36** and it is non-refundable.

REGISTRATION

Sessions held at Canada Games Centre

REGISTER ON-LINE

www.coastregistry.biz/clubregistry/aesc

Program and sessions are subject to a minimum number of registrants. Arctic Edge Skating Club reserves the right to change programming if there is insufficient enrolment.

Please **do not** create a new account if you register for another program in the same season as you will be charged the Skate Canada fee a second time in one year. **Do** click 'forgot password?' and information about retrieving your password will be sent to the email associated with your account.

PAYMENTS

On-line payments only accepted through Paypal (accepts Visa, Mastercard American Express and Discover). The registration system will guide you to Paypal once you have completed your session selections. You do not need a Paypal account to pay-online as you can pay as one time customer through Paypal.

Contact Arctic Edge Skating Club if paying through the Kids Recreation Fund Program or if you would like to pay using an alternative method.