

STARSkate offers opportunities for skaters to develop fundamental figure skating skills in the areas of ice dance, skating skills, free skate and artistic skating. This program teaches figure skating skills in a group and/or private lesson format in a progressive and sequential manner and includes specifically designed awards and incentives. Skaters have the opportunity to take Skate Canada Tests through a nationally standardized testing system.

FALL/WINTER SCHEDULE 2019-2020

- Programming starts on September 3, 2019 and ends in late April (see attached schedule)
- The schedule for September and April is slightly different from October-March.
- There are cancellations during Christmas and March Break, as well as during special events throughout the year.
- Visit our website to get the latest program schedule, group lesson times and cancellation dates.

OFF-ICE SESSIONS

Off-ice sessions are offered to STARSkaters as part of our programming. The fees for off-ice are included in the program fee on the days that it is being offered. Skaters who skate on a day that off-ice is provided are expected to attend these sessions

SYNCHROSKATE

Arctic Edge is excited to have a **SynchroSkate** program this year! SynchroSkate offers a team component to the sport of figure skating. Often characterized by speed, intricate formations and challenging step sequences, it is a great way to build skating skills in a team environment.

SynchroSkate will be offered to all skaters from Star 1 – Gold. Star 1-4 sessions will be held on Saturdays (Starting in September) and Star 5-Gold sessions will be held on Fridays (starting in October). It is included in the fees on the days the program is offered and skaters are expected to attend these sessions if skating on those days.

SKATE CANADA FEE

All skaters must be registered with Skate Canada and pay an annual membership fee. This fee covers a full year of skating from September 2019 - August 2020. The Skate Canada and administration fee of **\$44** which is non-refundable, is added to the session fees in the registration system.

REGISTRATION

Sessions are held at the Canada Games Centre
Program and sessions are subject to a minimum number of registrants. Arctic Edge Skating Club reserves the right to change programming if there is insufficient enrolment.

REGISTER ON-LINE

www.coastregistry.biz/clubregistry/aesc

On-line payments only accepted through Paypal (accepts Visa, Mastercard American Express and Discover). Please contact the club if you are paying using an alternate method.

When using Coast Registry, **do not** create a new account if you register for another program in the same season as you will be charged the Skate Canada fee a second time in one year. **Do** click 'forgot password?' and information about retrieving your password will be sent to the email associated with your account. If you have further questions about the registration system, email the club.

Volunteer Requirements

Parents/Guardians of STARSkaters are required to work between **5 to 8 bingos** throughout the year on Friday evenings between September to September of the following year. The majority of bingos will be held from May to August 2020. The number of bingos will be determined based on our registration numbers. Bingos are a large source of fundraising revenues for the Club which help pay for coaching and ice fees.

For more information: Email the club at arcticedgesc@gmail.ca

Visit the website: www.arcticedge.ca

CORE RECOMMENDED SESSIONS

- Certain sessions are recommended for optimal skater development where these sessions cater to different core skating skills during the group lesson.
- Skaters should skate on the “recommended” sessions but may also choose to skate additional days as outlined in the schedule.
- A skater may choose to skate the recommended package or pick the days they want to skate in the Coast registration system.

Save the Date: Fall Seminar and Banquet

STARSkaters are invited to a Fall Seminar September 13 to 15, 2019. The schedule will be available one week prior to the seminar. We are also excited to host a banquet on **Sunday September 15, 2019 from 3 pm to 6 pm**. A *parent information session will be held from 3:30 to 4:30 pm. All parents should attend this session.* More details to follow

	Core - Recommended	Optional	# of Sessions
Star 1	Tuesday/Thursday	Monday and Saturday	2-4
Star 2	Monday/Wednesday	Thursday, Friday and Saturday	2-5
Star 3 and 4	Monday/Wednesday/Thursday	Friday, Saturday and all morning sessions	3-7
Star 5 and Up	Monday/Wednesday/Friday	Tuesday, Saturday and all morning sessions	3-7

SESSION FEES BY STAR LEVEL *(Valid for the afternoon program from September to April)*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
STAR 1	\$222.75	\$356.50	\$0.00	\$345.00	\$0.00	\$164.00
STAR 2	\$222.75	\$0.00	\$294.50	\$367.50	\$209.00	\$164.00
STAR 3	\$222.75	\$0.00	\$294.50	\$367.50	\$209.00	\$164.00
STAR 4	\$310.50	\$0.00	\$294.50	\$367.50	\$209.00	\$206.00
STAR 5 AND UP	\$310.50	\$356.50	\$294.50	\$0.00	\$285.00	\$126.00

The fee includes: ice time, group lesson time, off-ice sessions and synchro skating as per the schedule.

Morning open ice session will be offered on **Tuesday and Thursday mornings from 7:15 to 8:00 am for Star 3 and Up skaters**. Fee is \$80 for one day per week or \$160 for the two days per week from September 3, 2019 to December 19, 2019. Winter registration for morning ice will be available in November.

LESSON DELIVERY

The following highlights lesson deliver for different levels of STARSkaters:

Base Coach: The base coach acts as the key point of contact for all inquiries related to programming and athlete development. The base coach is meant to work collaboratively with the skater, their parents and other coaching staff to ensure the athlete is on track to meet their developmental goals. At the start of the season, all STARskaters will be assigned a base coach.

STAR 1 - Skaters receive coach instruction in group lesson format on the 2 recommended days. Additional optional training sessions including combined group lesson and supervised practice times are available. Skater assessments are coordinated by the base coach.

STAR 2 - Skaters receive coach instruction in group lesson format and have access to individual practice time during the session. Through the base coach, the parent can arrange for additional lessons. The majority of the arranged lessons will be in small group or semi-private format. Skaters may get access to private lessons to facilitate individual needs such as program choreography.

STAR 3 - GOLD – Skaters receive coach instruction in group lesson format and have access to individual practice time during the session. Small group, semi-private and private lessons are scheduled in consultation with the skater's base coach.

Small group, semi-private and private lesson fees not included in the schedule are payable to the coach.