



Arctic Edge Skating Club Skating Etiquette (2024-25)

The following list provides structured etiquette guidelines for skaters to follow to allow for a positive, respectful learning environment that is free from distraction.

What do we (the coaches) expect from you (the skater)?

- Arrive on time for each session.
- **Behave appropriately in the dressing room.**
- Wear form fitting clothes and skating jackets without hoods (no hoodies).
- Use skate guards when off the ice.
- Bring a water bottle and kleenex to the boards.
- Use the bathroom before you get on the ice for a session.
- Ask a coach for permission to leave the ice for any given reason.
- Stand still and in the same spot while the coach is giving instruction during lesson time.
- Do not touch other skaters during group lesson time and free time.
- Keep yourself busy and moving during sessions. Do not stand at the boards and socialize with other skaters.

What will happen if I (the skater) do not follow these guidelines?

- Skaters that are more than 3 minutes late for a group lesson will be asked to sit out of the lesson at board side.
- Skaters that are more than 15 minutes late for the session will not be guaranteed a semi, group, or private lesson that day.
- Skaters who wear a hoodie on the ice will be given up to two warnings. On the third occurrence, they will be asked to remove the hoodie and wear the shirt underneath or a different shirt that does not have a hood.
- Skaters who are jumping, spinning, or talking to other skaters during group lesson will be given one warning. After one warning, they will be asked by a coach to sit out of group lesson for 5 minutes at board side to regain focus.

Follow up with parents:

- Should any of the consequences listed above be applied, the contact coach will communicate with the parent(s) within 24 hours.
- We understand that there are times when a skater may be late or may have forgotten the correct skating attire at home. **Please text your contact coach to advise of any planned or known absences, lateness, or modified skating attire for an individual session.**