

Parent Information Sheet (2025/26)

Welcome to the 2025/26 skating season!
Coaches are excited to work with skaters as they progress this upcoming year!

Included below is general information from the Starskate coaching staff about the year ahead.

Team Coaching

- Arctic Edge Skating Club is pleased to offer a Team Coaching model again this season. Team coaching means that all Primary Starskate coaches assigned to the skater groupings will collaborate to plan and direct your skaters' development in all areas. All primary coaches will make decisions and be involved in lesson planning and direction.
- Team coaching has many benefits, including:
 - Maximizing or capitalizing on coaches' strengths
 - Creating an environment of experts.
 - Allows skaters to be introduced to many different coaching styles in a supportive environment.
 - Allows an opportunity for more coach directed time.
 - Enables more perspectives to contribute to individual training plans.

Changes this season:

- Skaters will no longer be assigned a contact coach. We have attached a separate info sheet explaining how skaters' development will be managed this season.
- AESC will no longer be using the terms Senior, Intermediate, Junior and Rising Star. Groups will now be referenced as:
 - Star 4+ (formally Senior)
 - Star 2-3 (formally Intermediate)
 - Star 1 (formally Junior)
 - Pre-star (formally Rising Star)

Competitions:

Gold Nugget (December 5 & 6, 2025): Skaters Star 1 + will be encouraged to participate in this local event.

AWG (March 8-15, 2025): AWG will be in Whitehorse this year! Trials for AWG will take place during Gold Nugget and skaters eligible for these trials will be communicated with by the coaching staff well ahead of time.

Stay stunned for more information about other outside competitions the club may be attending this season!

Coaching Fees: (Star 2 +)

- Private, Semi-Private and Group lesson time (outside of club group lessons as indicated on the skating schedule) is mandatory for skater's star 2+.
- Private lesson fees range from \$12 to \$14 for a 15 minute private lesson.
- Semi-private and small group lesson rates are pro-rated to reflect the number of skaters in the lesson.
- Private lesson fees are included on a coaches invoices.
- Parents can expect to be invoiced directly for these lessons at a time convenient for the coaching staff. Fees are to be paid to the coach you received the invoice from.
- Development of new skating programs will require about 1-2 hours of private lesson time.
- Star 1-5 assessments (coach-lead) require a 15-minute private lesson, which will be reflected on the coaches invoice. The private lesson fee is in addition to the \$15 Skate Canada assessment fee.
- The Skate Canada assessment fee is paid online through the AESC website located under Quick Links, registration, starskate and purchase products.