

StarSkate Information Sheet (Star 2/3 and Star 4+)

Arctic Edge Skating Club (2025-26)

Club Business

About AESC

Arctic Edge Skating Club is a not-for-profit organization that is a member of Skate Canada and is governed by a volunteer board of directors. The purpose of the club is to encourage the instruction, practice, enjoyment and advancement of its members in all aspects of skating in accordance with the rules, policies and procedures of Skate Canada.

Arctic Edge Skating Club values:

- A fun, positive and healthy environment in which we support each other;
- A team environment, where everyone contributes and works together;
- Skating as an activity to promote active living, self-esteem and mastery;
- Balanced representation and experience on the Board; a cohesive and cooperative Board;
- Coaching expertise; parental involvement;
- Mutual respectfulness; open communication and openness to feedback.

We need your help:

We rely on volunteers to support a number of key activities for the club. The following are some volunteer options that you can choose:

- Be a session volunteer (music player)
- Support special events like Gold Nugget, Ice Show, and our Spring Club Day

Questions and Feedback

We want to hear from you. If you have questions or feedback for the club please reach out either through email to articedgechairs@gmail.com or in person to any of our board members:

- | | |
|------------------------------------|------------------------------------|
| • Stefanie Stuart - President | • Maxine Netro-Fehr - Board member |
| • Vacant - Past President | • Kirsten Wilson—Board member |
| • Kyla Piper - Vice President | • Sarah Holmberg – Board member |
| • Carrie Huffman - Treasurer | • Sonja Rayo – Board member |
| • Becky Bowen - Board member | • <u>Rotating—Coach Rep</u> |
| • Deanna Lafarriere - Board member | |

StarSkate Information Sheet (Star 2/3 and Star 4+)

Arctic Edge Skating Club (2025-26)

Information from our Coaches

All Skaters in Star 2/3 and Star 4+

- Are collectively managed by the StarSkate Coordinators in collaboration with other members of the StarSkate coaching team.
- Will receive a daily private, semi-private or group lesson each session they skate. This lesson may be with any member of the StarSkate coaching team.
- Please contact Michelle and AP with any questions about programming or skater development (i.e. new skates, competition registration, assessments etc).

StarSkate Coaching Team

Starskate Coordinators and Primary Contacts for Star 2+:		
Anne-Patrice (AP) Cross	agilbert@ualberta.ca	780-868-3408
Michelle Semaschuk	yukoncoach@gmail.com	867-335-5170
Other members of the StarSkate Coaching Team:		
Chantal Emond (Off Ice Coordinator)		
Tanya Sage		
Mikayla Kramer (ad hoc as available)		

Attendance/Punctuality

- Skaters that arrive more than 5 minutes late for club group lesson, which typically takes place at the start of a session, are asked to sit board-side until the lesson is over.
- Skaters that arrive more than 5 minutes after the club group lesson are not guaranteed a private/semi/group lesson for that session.
- Contact Michelle and AP if there are legitimate reasons for being late for or absent from a session.

StarSkate Information Sheet (Star 2/3 and Star 4+)

Arctic Edge Skating Club (2025-26)

Skating Etiquette

These are structured etiquette guidelines for skaters to follow to allow for a positive, respectful learning environment that is free from distraction.

What do we (the coaches) expect from you (the skater)?

- Arrive on time for each session.
- Behave appropriately in the dressing room.
- Wear form fitting clothes and skating jackets without hoods (no hoodies).
- Use skate guards when off the ice.
- Bring a water bottle and kleenex to the boards.
- Use the bathroom before you get on the ice.
- Ask a coach for permission to leave the ice for any given reason.
- Stand still and respectfully listen while the coach is giving instruction during lesson time.
- Do not touch other skaters during group lesson and free time.
- Keep yourself busy and moving during sessions. Do not stand at the boards and socialize with other skaters.

What will happen if I (the skater) do not follow these guidelines?

- Skaters that do not meet the above expectations are addressed by a coach in the moment. For example:
 - Skaters who wear a hoodie on the ice are asked to remove it and wear the shirt underneath or a different shirt that does not have a hood.
 - Skaters who are jumping, spinning, or talking to other skaters during group lesson are asked to stop. If, after one warning, the skater continues to be disruptive, they will be asked to sit out of group lesson for 5 minutes at board-side to regain focus.

Follow-up with parents

- Parents are notified by a StarSkate coach if there are concerns or consistent issues regarding a skaters etiquette.